



Success Story Update: Kathleen

Independent Travel Training & Supported Internships

Kathleen began her Independent Travel Training as a first year at Futures. Initially she was anxious as she felt she was quite unsteady on her feet. However, eventually the training gave her confidence and helped her to realise her full potential and capabilities. Kathleen has been an excellent advocate for Independent Travel Training; she has regularly given moral support to new travel trainees, as well as encouraging her friends to enquire about the programme.



Whilst at specialist college, Futures, Kathleen felt confident to progress to mainstream college and embark on a Supported Internship at the age of 18. She has made fantastic progress; she's involved in a focus group, where she gives feedback to Enable about their services, she has also given presentations, both show how much her confidence has grown.

Enable were able to link with Shropshire Council Adult Social Care transition social workers, who arranged for Kathleen to have a social worker in preparation for leaving Children's Services. Her social worker discussed independent living for Kathleen and a potential flat share has been arranged for the summer of this year. She is going to meet the other two girls who will be sharing with her. Kathleen's Employment Officer will be negotiating with her placement employer, Holiday Inn, to secure paid employment at the end of her internship. Her new flat will be in Shrewsbury allowing her to travel to work easily - she currently lives in a rural location and is unable to access any social activities due to there being no public transport. If Kathleen had not started Independent Travel Training, she would still be dependent on travelling in expensive taxis to college and may not have had the confidence to progress to mainstream college or independent living.

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